

HOME CARE TASKS CHECKLIST

Directions: This checklist is to help identify the tasks requiring a home care worker. For each question, answer if help is needed and indicate how often. This will help in determining who to hire for work in the home.

BEDROOM	YES	NO	FREQUENCY AND COMMENTS
Assist with getting in/out of bed	<input type="checkbox"/>	<input type="checkbox"/>	
Make bed	<input type="checkbox"/>	<input type="checkbox"/>	
Change bed linen	<input type="checkbox"/>	<input type="checkbox"/>	

BATHROOM	YES	NO	FREQUENCY AND COMMENTS
Help with bathing	<input type="checkbox"/>	<input type="checkbox"/>	
Help with toileting	<input type="checkbox"/>	<input type="checkbox"/>	
Help with grooming	<input type="checkbox"/>	<input type="checkbox"/>	
Clean sink, tub, toilet, and surfaces	<input type="checkbox"/>	<input type="checkbox"/>	

PERSONAL CARE	YES	NO	FREQUENCY AND COMMENTS
Help with dressing	<input type="checkbox"/>	<input type="checkbox"/>	
Help with transferring	<input type="checkbox"/>	<input type="checkbox"/>	
Help with walking	<input type="checkbox"/>	<input type="checkbox"/>	

HEALTH	YES	NO	FREQUENCY AND COMMENTS
Manage medications	<input type="checkbox"/>	<input type="checkbox"/>	
Nursing care	<input type="checkbox"/>	<input type="checkbox"/>	
Occupational therapy	<input type="checkbox"/>	<input type="checkbox"/>	
Physical therapy	<input type="checkbox"/>	<input type="checkbox"/>	
Speech therapy	<input type="checkbox"/>	<input type="checkbox"/>	

MEALS	YES	NO	FREQUENCY AND COMMENTS
Plan menus	<input type="checkbox"/>	<input type="checkbox"/>	
Prepare and serve meals	<input type="checkbox"/>	<input type="checkbox"/>	
Help with feeding	<input type="checkbox"/>	<input type="checkbox"/>	
Wash, dry and store dishes and utensils	<input type="checkbox"/>	<input type="checkbox"/>	
Clean sink, stove, counters, refrigerators	<input type="checkbox"/>	<input type="checkbox"/>	

HOUSEHOLD	YES	NO	FREQUENCY AND COMMENTS
Wash, dry and fold clothing and linens	<input type="checkbox"/>	<input type="checkbox"/>	
Empty and take out trash	<input type="checkbox"/>	<input type="checkbox"/>	
Clear, dust and organize surfaces	<input type="checkbox"/>	<input type="checkbox"/>	
Vacuum carpets	<input type="checkbox"/>	<input type="checkbox"/>	
Sweep floors	<input type="checkbox"/>	<input type="checkbox"/>	
Wet or dry mop floors	<input type="checkbox"/>	<input type="checkbox"/>	
Complete yard work	<input type="checkbox"/>	<input type="checkbox"/>	

SHOPPING	YES	NO	FREQUENCY AND COMMENTS
Prepare list	<input type="checkbox"/>	<input type="checkbox"/>	
Run errands	<input type="checkbox"/>	<input type="checkbox"/>	
Buy food and supplies	<input type="checkbox"/>	<input type="checkbox"/>	
Store items in the home as requested	<input type="checkbox"/>	<input type="checkbox"/>	

TRANSPORTATION	YES	NO	FREQUENCY AND COMMENTS
Transport to and from social activities	<input type="checkbox"/>	<input type="checkbox"/>	
Transport to and from doctor's appointments	<input type="checkbox"/>	<input type="checkbox"/>	
Transport to and from other activities (religious, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	

SOCIAL ACTIVITIES	YES	NO	FREQUENCY AND COMMENTS
Reading to your loved one	<input type="checkbox"/>	<input type="checkbox"/>	
Playing games with your loved one	<input type="checkbox"/>	<input type="checkbox"/>	
Visit with your loved one (conversation)	<input type="checkbox"/>	<input type="checkbox"/>	

OTHER TASKS	YES	NO	FREQUENCY AND COMMENTS
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	